

## PE - Long Term Plan – Westbourne

<b>Year Group</b>	<b><u>Autumn 1</u></b>	<b><u>Autumn 2</u></b>	<b><u>Spring 1</u></b>	<b><u>Spring 2</u></b>	<b><u>Summer 1</u></b>	<b><u>Summer 2</u></b>
<b>Nursery</b>	Multi-skills – ABC- 1	Multi-skills – ABC - 2	Multi-skills – ABC - 3	Multi-skills – ABC - 4	Team building	Competitive Play
<b>Reception</b>	Multi-skills – ABC- 1	Multi-skills – ABC - 2	Multi-skills – ABC - 3	Multi-skills – ABC - 4	Team building	Competitive Play
<b>Year 1</b>	Spatial awareness	Coordination - 1	Team building	Object manipulation with equipment - 1	Sports day preparation	Multi games - 1
<b>Year 2</b>	Spatial awareness	Coordination - 1	Coordination - 2	Object manipulation with equipment - 1	Sports day preparation	Multi games - 1
<b>Year 2</b>	Balance	Dance and movement	Team building	Personal challenge	Speed and agility	Multi games - 2
<b>Year 3</b>	Spatial Awareness	Football	Coordination	Object manipulation with equipment	Sports day preparation	Multi games - 2
<b>Year 3</b>	Balance	Team building	Personal challenge	Multi games - 1	Athletics	Multi sports
<b>Year 4</b>	Multi games	Football	Basketball	Tennis	Sports day preparation	Cricket
<b>Year 4</b>	Spatial awareness	Coordination	Personal challenge	Hockey	Swimming	Multi sports
<b>Year 5</b>	Boxing	Football	Basketball	Rugby	Sports day preparation	Cricket
<b>Year 5</b>	Gymnastics	Multi games	Personal challenge	Hockey	Athletics	Multi sports
<b>Year 6</b>	Boxing	Football	Basketball	Rugby	Sports day preparation	Cricket
<b>Year 6</b>	Multi games	Dance	Personal challenge	Hockey	Athletics	Multi sports